

Commissioning network notes

Afternoon session

Summer conference 14 June 2016

(Notes copied from flip chart)

Recommissioning of mental health service

- Contracts end March 18?
- What are our priorities?
- Protective characteristics?
- Extra to SPT
- Must take peer support model?
- Question- Do you have an issue with having many/smaller commissions? “capacity to manage [...unreadable]”
- Can you change how you manage? e.g 8 youth - 3 special = 11 – one contract –resources – full cost recovery – this takes us away from delivery
- we are integrated already but new partnerships take time
- Threat – if gets big- external may bid so loose added social local value
- Capturing – adding value
- Match funding – drawing down £ from elsewhere.

Now

- Mainly peer-support
- What is missing from mental health services?
- Are there any overlaps or are they all separate specialist services
- e.g Allsorts training – 3 line whip for [SP.FT] attend!
- Pot of money – for providing training for protective characteristics.
- Other feedback
- Telephone CBT is not working for older people/ young people
- Timescales + limited sessions (6) - No chance for feedback or empowerment
- Need 1:1 support – handouts to access support/services (This assists relationship building between services/works/clients)
- Smaller organisations have the trust of less confident + can enable them to be confident enough to ask or access of a service.
- Base on evidence of need- what about prevent?
- e.g patients pathways – into voluntary sector
- Champions within larger / stats organisations. £ resources USP services to train/communicate with larger orgs through champions.

- Patients / clients bouncing around – going to wellbeing then returning to ills to find an alternative/another service, danger to reliant on short-term intervention.
- Wellbeing –lots of group work – not always appropriate, need 1:1 to enable them to be accent group work.

Ideas

- One big contract
- Sub contract protective characteristic organisations
- Management costs

Pros

- Maybe more simple
- Capacity in big organisations

Cons

- Costs more
- Distant between commissioner and actual provider

Lots of small contracts

- Be explicit re synergy + partnerships
- Rationalise priorities under protect characteristics
- Prevent agenda
- Pros USP - added value

Cons

- Duplication? – how do we find out about gaps?

Gaps

- BME communities
- Learning difficulties
- Asperger / Autism
- People with maternal mental health (pre/post birth + removal children)

Key points to take away

- Whatever is funded needs to be flexible to meet a wide range of needs.
- Holistic approach to wellbeing enabling delivery that suits the client group.
- I.e. 1:1, group support package, hand holding to other services.

Keeping people well prograeme

Increasing needs

- LGBT S/B
- Older peoples project
- Helping/counselling

Practical support

- Lifelines

Staying healthy

- Working with service providers health and wellbeing re LGBT inclusion – LGBT switchboard / LGBT Hip

Hangelton Community Centre

- Hangelton Holistics
- Standing Tall
- Short Matt Balls

Staying healthy activities

- Food
- Wellbeing cover
- Mind in Brighton and Hove – mental health provision

Information and access services

- LGBT Switchboard – 1:1 information and access via helpline
- Public communications via HIP outreach

Citizens Advice Brighton and Hove

- Generalist and specialist advice
- GP surgeries
- BHSC projects

Speak Out Dropout

Mind in Brighton

- Mental Health
- Advice and information
- Advocacy

General population needs

(This information appeared as a triangle)

Patient experiences of health and social care services

A group of health, social care and VCS people came together for six days.

We explored

- How the current system works
 - The impact this has on people
 - See slides for more details
1. What could the role of the sector be in improving this?
 2. Possibility of a workshop in September to explore ideas?
 3. Linking in with multi-disciplinary teams who are piloting new ways of working
 4. What works now?
- Care Coach – complex management WPA
 - Making sure the services are there
 - Housing repair – people notice changes
 - Referral network – combined system in Peterborough
 - NCS – building relationship trust – long lasting relationship

Library home delivery service

- Resource pack
- Support to access other services
- Volunteers

Warmth

- Single point of contact for referral
- Co-ordination – resources by British Gas